## CHERITON BISHOP & TEIGN VALLEY PRACTICE

## **NEWSLETTER**

## **SEPTEMBER 2018**

We are delighted to say that we enjoyed another fabulous Fun Day Event on 23 June where we managed to raise a massive £8,000 which enabled us to support Force Cancer Support, Acorn Community Support and the Practice Medical Equipment Fund

Thank you so much to everyone for your continued support and help with this Event See you all again in June 2020 !!!

Please Support Dr James Hayter and Friends
Taking part in
The Rainbow Quest
John O'Groats to Land's End Cycle Ride
Between 19 and 29 September 2018
Donation Collection Buckets in the Surgery
Or sponsor the Team at
wwwmydonate.bt.com/events/therainbowquest/465290



CITIZENS ADVICE
SESSIONS
HELD AT CHERITON BISHOP
SURGERY ON THE FOURTH
FRIDAY OF EVERY MONTH

PLEASE TELEPHONE 01647 24272 TO MAKE AN APPOINTMENT

#### **FLU SEASON APPOINTMENTS**

It's that time of the year again! and we will be starting our Flu clinics from the first week in October

If you fall into the following categories,

please contact the surgery (01647 24272) to make an appointment

Aged 65 or over

**Pregnant** 

A person with Diabetes

A Person with a BMI over 40

Or you have a long-term condition:

Lungs, eg Asthma or COPD

Heart

**Brain or Nervous System** 

**Kidneys** 

Liver

Immune system

Spleen

#### **TOE NAIL CUTTING SERVICE**

WE ARE DELIGHTED TO BE ABLE TO HOST THIS SERVICE WITH AMBER BENNET WHO IS A PRIVATE FOOT CARE SPECIALIST AT

CHERITON BISHOP SUGERY ON THE LAST TUESDAY OF EACH MONTH AND

CHRISTOW SURGERY ON THE LAST THURSDAY OF EACH MONTH

TELEPHONE THE SURGERY ON 01647 24272 TO MAKE AN APPOINTMENT

AMBER WILL CHARGE £15 A SESSION FOR THIS SERVICE

## **BALANCE CLASSES**

We are also pleased to be able to let you all know that we are able to offer the 12 week sessions of Balances Classes again

If you are interested in taking part in these sessions, please contact the surgery and you will be asked to come in for an assessment

# e-Consult

Enables Patients to consult online with their own Clinician as well as seek self-help advice and be signposted to other health services

You are able to view and access e-Consult via our Practice Web Site: www.cheritonpractice.co.uk

## **GLOW IN THE PARK EVENT**

WESTPOINT ARENA SATURDAY 10 NOVEMBER 2018

THE SURGERY STAFF
WILL BE TAKNG PART IN THIS FUN RUN
IN AID OF DOWN SYNDROME INTERNTIONAL



PLEASE ASK AT OUR RECEPTION OR DISPENSARY
IF YOU WOULD LIKE TO SPONSOR US IN THIS
EVENT

#### **PATIENT SURVEY**

WE ARE DELIGHTED TO SEE OUR
SURGERY HAS BEEN VOTED

4<sup>th</sup> IN DEVON
FOR OUR SERVICES IN A RECENT
PATIENT SURVEY

AND 50<sup>TH</sup> IN THE NATIONAL PATIENT SURVEY OUT OF A TOTAL NUMBER OF OVER 7,000 VOTERS

#### **NEW REGISTRAR**

We are delighted to welcome our new Registrar Dr Clare Macadam to the Practice who will be with us for the next year.

Clare will be working at both Cheriton Bishop and Christow Surgeries



# **DISPENSARY**

Our Dispensary will be closed for one hour each Wednesday from 1pm-2pm for Staff Training

If you need to collect a prescription during this hour, please ask at Reception where our Receptionists will be happy to help you

## PATIENT PARTICIPATION GROUP

Our Patient Participation Group have been together for 5 years now and meet bi-monthly

If you are interested in joining this Group

Please contact the Chairperson, Mrs Jean Martin (email; jeanmartin746@gmail.com)



#### **PARISH COUNCIL**



**DEFIBRILLATOR AWARENESS SESSION** 

TO BE HELD IN THE VILLAGE HALL
ON
THURSDAY 27 SEPTEMBER AT 7PM

IF YOU WOULD LIKE TO ATTEND AND RESERVE A PLACE PLEASE PHONE TIM VOOGHT ON 01647 24593 CHERITON BISHOP & TEIGN VALLEY PRACTICE COMMUNITY GARDENING PROJECT



Do you fancy doing a spot of easy gardening and joining our Allotment Garden Project?

If you would like to become involved, please contact Julia at the Surgery 01647 24272 who will be very happy to help you and give more details